Effect of Kinase Inhibitors on the Technetium-99m Uptake into Thyroid Carcinoma Cells *In Vitro*

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Abstract. Background/Aim: We evaluated the potential of the kinase inhibitors sorafenib, lenvatinib and selumetinib on increasing the uptake of technetium-99m into thyroid cancer cells. Materials and Methods: Four established cell lines and three patient's cell cultures were treated with 0.1, 1 and 5 µM of sorafenib, lenvatinib and selumetinib for 72 hours. After incubation with 1 MBq of technetium-99m, the radioactivity uptake was measured. Results: The experiments showed heterogeneous results. Maximum technetium-99m uptake increases of 312% (sorafenib), 326% (lenvatinib) and 759% (selumetinib) were obtained using the highest applied concentrations. In some tests, an uptake reduction or no effect was observed. Conclusion: Kinase inhibitors have a positive effect on technetium-99m uptake. Due to study limitations, a redifferentiating effect of the drugs could not be definitely proven. Unspecific cytotoxicity might have a confounding effect.

Thyroid carcinoma is the most common endocrine tumor with a ten-year-prevalence of nearly 60,000 cases and an incidence of over 7,000 new diagnoses per year in Germany, women being affected twice as often as men. Cancer of the thyroid gland accounted for almost 700 deaths in that same year in this country (1). Worldwide, the incidence for all ages reached approximately 230,000 cases in 2019, with a similar

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distribution between the genders, and above 45,000 deaths were recorded globally due to malignant thyroid disease (2). Its manifestations can be subdivided into different categories. Differentiated thyroid carcinomas (DTC), accounting for about 85% of all thyroid cancers, derive from the follicular epithelium and include papillary (PTC) as well as follicular thyroid carcinoma (FTC), and a couple of rare subtypes. Medullary thyroid cancers (MTC) are developed from calcitonin producing C-cells, whereas the highly aggressive anaplastic thyroid carcinomas (ATC) are composed of dedifferentiated tissue. Poorly differentiated thyroid carcinomas (PDTC) represent a separate entity in-between DTC and ATC and – among other markers of dedifferentiation including signs of malignancy such as invasion or metastasis, aberrant nuclear formations and necrosis - show a reduced radio-iodine avidity (3, 4). The standardized treatment for DTC, consisting of thyroidectomy and adjuvant iodine-131radioiodine (I-131) therapy, provides a 10-year survival rate up to 98% for local tumors, which is nearly equal to the healthy population (5-7). About 10% of all DTC develop metastatic progressive diseases, some of them presenting with mutations alongside intracellular signaling cascades impairing natural feedback mechanisms. The result is often a decrease or loss of the ability to metabolize iodine, which consequentially causes a low response to treatment with radioactive iodine and a drop in 10-year survival rates to roughly 10% (8-10). While there is still no consistent definition of radioiodine-refractory thyroid disease, characteristics such as the presence of lesions irresponsive to I-131 therapy, progression of lesions within 6 to 12 months after radioiodine treatment as well as high fluorodeoxyglucose (F-18-FDG)-avidity are associated with this clinical situation (9). Experimental treatments with systemic doxorubicin-based therapy, external radiation or local ablative measures remained poorly effective (11). Lately, kinase inhibitors (KIs) have

Table I. Characteristics of used cells in culture. The table gives an overview of the carcinoma types and the known mutations of the reference cell lines as well as the extracted primary cell cultures that were used in the experiments of this study.

	Characteristics of cells						
	Reference cell lines				Primary cell cultures		
Cell line	TPC1	C-643	8505C	BCPAP	PC-01	PC-02	PC-03
Type Mutation	PTC RET/PTC	ATC TP53	ATC TP53	PDTC TP53	PDTC TP53	ATC	ATC V600E-BRAF
	HRAS	HRAS	V600E-BRAF HRAS	V600E-BRAF			

emerged as a promising new therapeutic approach in radioiodine refractory thyroid cancer. The multikinase inhibitors sorafenib and lenvatinib were officially approved by the U.S. Food and Drug Administration (FDA) for this indication and are recommended as an additional treatment option in cases of radioidine-refractory progressive thyroid cancer with high tumor burden or rapid progression by the 2019 European Thyroid Association (ETA) Guidelines in the doses of 400 mg twice and 24 mg once daily, respectively, under careful follow-up in regular intervals for at least 6 months (3). In addition, the specific mitogen-activated protein kinase kinase (MEK) inhibitor selumetinib was able to restore a partial redifferentiation and consecutive radioiodine uptake in a subset of 12 out of 20 patients in a pilot study (10), while a phase III clinical trial could not prove a significant effect of selumetinib treatment on the complete remission rates when compared to placebo. Another phase II study aimed at assessing the redifferentiation potential of selumetinib is currently in recruiting stage (12). Despite the potential benefits of the application of KIs in advanced and otherwise hardly manageable stages of thyroid cancer, their use is discussed controversially due to low remission rates, long-term loss of action and high toxicity with severe adverse effects, including hand-foot-syndrome, hypertension, diarrhea, weight loss and fatigue, and therefore often requiring pausing, dose reduction or even termination of treatment (9).

The aim of this study was to evaluate the effect of sorafenib, lenvatinib and selumetinib on increasing the uptake of technetium-99m, as a surrogate for radioiodine uptake, into a selection of different human thyroid carcinoma cells *in vitro*.

Materials and Methods

The tests were conducted in seven different cell lines. Four of them were established human thyroid carcinoma cell lines: the well differentiated culture TPC1, the poorly differentiated thyroid cancer cell line BCPAP, as well as the cell lines C-643 and 8505C, both ATC. TPC1 and C-643 cells were provided by Prof. A. Zielke (Diakonie-Klinikum Stuttgart, Stuttgart, Germany). BCPAP and

8505C cell lines were purchased from DSMZ (Leibnitz Institute DSMZ-German Collection of Microorganisms and cell Cultures, Braunschweig, Germany). Furthermore, we used surgically extracted and cultivated primary tumor cells from three patients that will furtherly be referred to as PC-01, PC-02 and PC-03. The first primary culture was taken from a lymph node metastasis of a PDTC in 2014, while the other two were extracted from primary thyroid tumors classified as ATC in 2014 (PC-02) and 2015 (PC-03). They were all acquired in the Department of Visceral, Thoracic and Vascular Surgery of the University Hospital of Marburg and have not been authenticated. Sorafenib, lenvatinib and selumetinib were provided by Selleck Chemicals (Houston, TX, USA) and dissolved in Dimethyl sulfoxide (DMSO). Stock solutions of sorafenib and lenvatinib (10 mM) were stored at -20°C; stock solution of selumetinib (20 μM) was stored at -80°C. Table I summarizes the carcinoma types and the mutational status of all processed cell lines.

This research study was conducted retrospectively from material obtained for clinical purposes. Ethical approval for the acquisition and processing of the cells from our patients was granted from the Institutional Review Board of the University Hospital of Marburg in the context of earlier clinical studies (AZ 166/09, AZ 92/15). Informed consent was obtained from all individual participants included in the study.

Each test run required seven 6-well-plates that were labelled and processed as shown in Figure 1.

Each experiment began with the placement of 1×10^5 cells of the selected culture into each well except for the blank value plates, followed by a 24-h period of adhesion in an incubator. The following day, the cells were treated with either sorafenib, lenvatinib or selumetinib in the three different concentrations of 0.1, 1 and 5 μM and left to incubate for 72 h. We chose equally low KI dosages in this range - based on the cytoviability observations in a previous in vitro study performed on a primary cell culture at our hospital with sorafenib (13) - in order to reduce cell death caused by unspecific toxicity, especially in the unstable primary cell cultures, as well as to ameliorate comparability. For the final measurements, excess fluid from the blank value plates was removed and replaced with 1 ml of 3-(4,5-dimethylthiazol-2-yl)-2,5diphenyltetrazolium bromide (MTT) and the plates were stored in the incubator for 3 h. After that, the liquid was drained and an equivalent amount of stopping solution - composed of 17 ml isopropanol, 3 ml sodium dodecyl sulfate (SDS) 20% and 0.8 ml 10-molar hydrochloric acid – was applied to each well for 30 min. The detergent solution caused an arrest in the cellular metabolism and allowed the differentiation of vital cells through their

Blank value plate

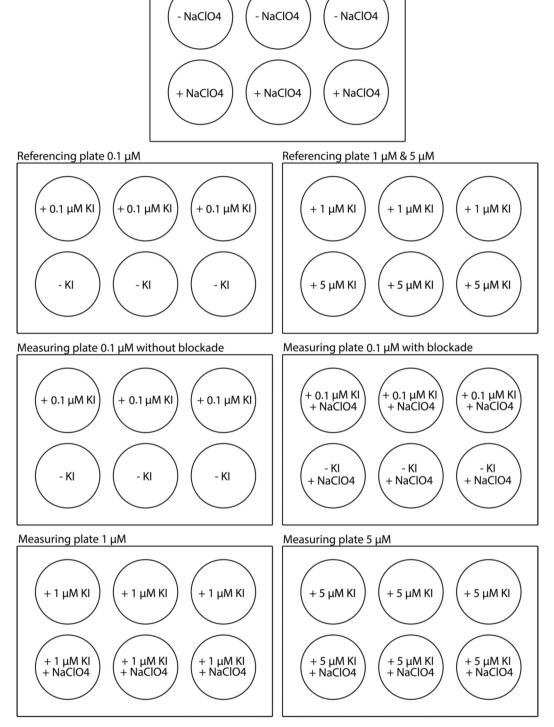
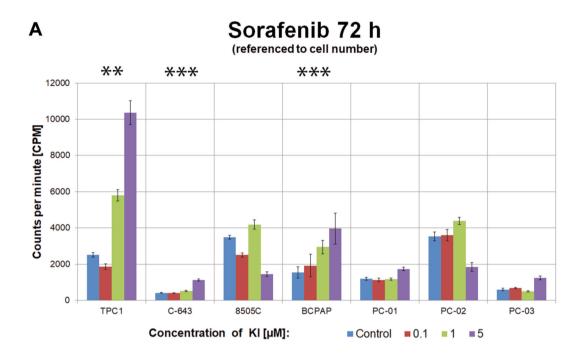


Figure 1. Preparation of the six-well plates for the experiments. The blank value plate contained no cells and was partially incubated with sodium perchlorate monohydrate (NaClO4, furtherly referred to as perchlorate) blockade solution. The two referencing plates were used for the assessment of cytoviability. For each treatment concentration, a series of six wells were incubated with a fixed number of cells as well as the respective kinase inhibitor (KI). Of those, three wells remained without further manipulation, while the other three received a perchlorate blockade to serve as a negative control for the later technetium-99m uptake assessment. The baseline values for comparison of uptake measurements under KI treatment received no KI treatment, but were also defined separately with and without blockade solution.



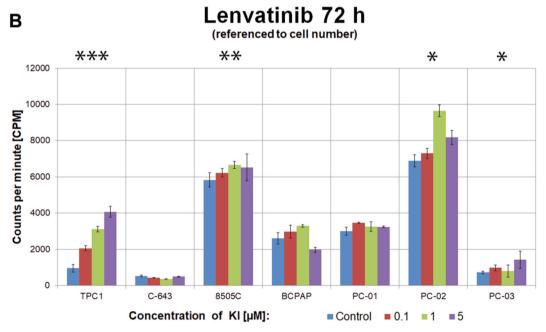


Figure 2. Continued

accumulation of purple-colored formazan, a product of the Nicotinamide adenine dinucleotide phosphate (NADPH)-dependent, succinate-dehydrogenase-catalyzed enzymatic transformation of the MTT reagent. The quantification of cytoviability was conducted through a spectro-photometrical absorptiometry at a wavelength of 570 nm in comparison to the reference wavelength of 630 nm in an "Emax precision microplate reader" Enzyme-Linked Immunosorbent Assay (ELISA)-apparatus (Molecular Devices, San

Jose, CA, USA), and the software "SoftMax Pro 6, version 6.4" was used to process the data.

In the meantime, the wells serving as negative controls in the later radioactivity uptake measurements were incubated with 240 μM of sodium perchlorate monohydrate (Irenat®) for 30 min, and exposed to an activity of 1 MBq of technetium-99m for 1 h. Excess solution was washed out with 0.9% sodium chloride and the adherent cell layers' dissolution was promoted by the application of

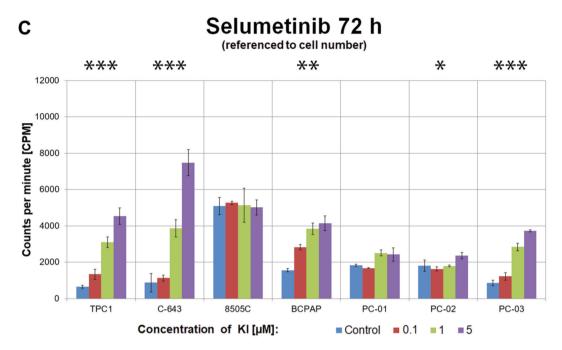


Figure 2. Comparison of the dose-dependent technetium-99m uptake values of all examined cell lines after treatment with sorafenib (2a), lenvatinib (2b) and selumetinib (2c) in the concentrations of 0.1 μ M, 1 μ M and 5 μ M for 72 h, referenced to the cell count. The arithmetic means of the radioactivity uptake, measured in counts per minute, after 72 h of incubation with the respective KI of the labelled concentration and exposure to 1 MBq of technetium-99m for 60 minutes compared to the untreated control is depicted in the form of colored bars for all examined cell cultures. All measurements are referenced to the cell count as assessed via MTT assay. The standard deviation values are marked as vertical line segments. No label: non-significant, *p<0.05, **p<0.01, ***p<0.001 according to Jonckheere trend test.

1 ml 1-molar sodium hydroxide for 10 min. The wells' contents were pipetted into separate glass tubes, which were put into the gamma counter for a one-min measurement protocol to quantify the absorbed radioactivity. We used technetium-99m as a surrogate for iodine-131 due to its lower radiation toxicity, better availability and sodium-iodide-symporter (NIS)-specificity.

For the cytoviability analysis, arithmetic means and standard deviations were calculated from the MTT assay results. The technetium-99m-uptake in the cells was assessed using the following method: By subtracting the blank value from the raw counts per minute (CPM) values, the confounding effect for the remaining radioactivity in the wells was reduced. The uptake value was referenced to the cell number by division of the results through the respective averaged MTT value to correct for the influence of differences in growth between the cell lines. From the processed data, calculation of arithmetic means and standard deviations was conducted again within every subtest series, and graphically displayed in the form of bar diagrams.

Statistical significance was evaluated through a one-sided Jonckheere trend test, a non-parametric operation that examines a multitude of random samples for a monotonous trend. In case of the cytoviability analyses we tested for a decreasing, in case of the radioactivity uptake for an increasing trend. The calculations for this study were performed using the software "R 3.4.1." and "Microsoft® Excel® Home and Student 2007". All tables and figures were created in "Microsoft® Excel® Home and Student 2007". Due to small sample sizes, *p*-values were calculated from a permutated

instead of an asymptotical distribution. p-Values smaller than 0.05, 0.01 and 0.001 were rated as significant (*), highly significant (**) and extremely significant (***), respectively. The calculations were performed using the software "R 3.4.1.".

Results

The influence of the three KIs showed a huge variation among the different cell lines (Figure 2a, b and c). These findings are underlined by the percentual calculations of the uptake variation as presented in Tables II and III. The application of sodium perchlorate monohydrate did not lead to a sufficient blockade of technetium-99m-uptake in our experiment and the values of measurements were nearly identical or partially even slightly higher than the unblocked results. The negative controls also showed almost the same increase in uptake with higher concentrations of the applied KI as the probes that were not treated with perchlorate solution. Hence, the negative controls were not included in the graphical presentation of the uptake.

The well differentiated PTC cell line TPC1, showed a significant uptake increase in all three drug treatment experiments. Treatment with sorafenib, lenvatinib and selumetinib resulted in maximum percentual technetium-99m

Table II. Dose-dependent percentual increases of technetium-99m uptake from the reference cell lines after treatment with sorafenib, lenvatinib and selumetinib in the concentrations of 0.1 μ M, 1 μ M and 5 μ M for 72 h, referenced to the cell count. The table shows the kinase inhibitor (KI)-dependent percentual increases of the counts per min in comparison to the untreated control, referenced to the cell count as assessed via MTT assay, as a surrogate for the technetium-99m uptake in all four reference cell cultures. The baseline value of the control was set as the 100% marker.

Increase of technetium-99m uptake after KI treatment – Reference cell lines

Reference cell line TPC1			
Concentration [µM]	Sorafenib	Lenvatinib	Selumetinib
0.1	-26%	115%	106%
1	131%	226%	378%
5	312%	326%	598%
Reference cell line C-643			
Concentration [µM]	Sorafenib	Lenvatinib	Selumetinib
0.1	-3%	-18%	29%
1	25%	-32%	343%
5	167%	-8%	759%
Reference cell line 8505C			
Concentration [µM]	Sorafenib	Lenvatinib	Selumetinib
0.1	-28%	7%	4%
1	20%	14%	1%
5	-58%	12%	-1%
Reference cell line BCPAP			
Concentration [µM]	Sorafenib	Lenvatinib	Selumetinib
0.1	25%	14%	82%
1	91%	26%	147%
5	157%	-24%	166%

uptake values of 312%, 326% and 598%, respectively, compared to the untreated control. A similarly positive result was observed in the BCPAP (PDTC) experiments using selumetinib and sorafenib. A concentration of 5 µM led to statistically significant uptake increases of 166% and 157%, respectively. High dosages of lenvatinib, however, led to a decrease of 24%, following a slight increase in the low-dose tests. The uptake improvement in the experiments with the two established ATC cell lines were very variable. 8505C showed only a minimal effect for selumetinib and lenvatinib, even though the calculated p-value suggested statistical significance in the latter case. Sorafenib demonstrated a highly volatile uptake profile with a drop of -58% beyond the control value under the highest concentration. C-643 led to a significant count gain of 167% with sorafenib, whereas lenvatinib hardly affected the cells at all and resulted in an uptake drop. The highest concentration of selumetinib produced a 759% rise in uptake, which was the clearest percentual boost of all test runs and was statistically significant.

Among the primary cell cultures, PC-01 did not show any increased uptake for sorafenib at low concentrations, whereas $5 \mu M$ accounted for a 45% rise in uptake. In addition,

Table III. Dose-dependent percentual increase of technetium-99m uptake of the primary cell lines after treatment with sorafenib, lenvatinib and selumetinib in the concentrations of 0.1 μ M, 1 μ M and 5 μ M for 72 h, referenced to the cell count. The table shows the kinase inhibitor (KI)-dependent percentual increase in the counts per minute in comparison to the untreated control, referenced to the cell count as assessed via MTT assay, as a surrogate for the technetium-99m uptake in all three primary cell cultures. The baseline value of the control was set as the 100% marker.

Increase of technetium-99m uptake after KI treatment –						
Primary cell lines						

Primary culture PC-01				
Concentration [µM]	Sorafenib	Lenvatinib	Selumetinib	
0.1	-5%	15%	-8%	
1	-2%	8%	37%	
5	45%	8%	33%	
Primary culture PC-02				
Concentration [µM]	Sorafenib	Lenvatinib	Selumetinib	
0.1	2%	6%	-10%	
1	24%	40%	-1%	
5	-48%	19%	30%	
Primary culture PC-03				
Concentration [µM]	Sorafenib	Lenvatinib	Selumetinib	
0.1	14%	36%	42%	
1	-18%	10%	230%	
5	104%	98%	333%	

lenvatinib, at the lowest concentration, reached a maximum increase of 15%, and selumetinib at the concentrations of 1 µM and 5 mM led to a gain of nearly a third of the baseline counts. There was no statistical significance in any of the constellations. In the experiments with the ATC PC-02, the highest doses of sorafenib and lenvatinib led to a drop in uptake after an initial increase in the lower concentrations. The lenvatinib experiments illustrated an overall significant upward trend. Only the highest concentration of selumetinib led to a significant increase of 30% in the uptake of technetium-99m compared to the control. The most striking dose-dependent uptake increase among the primary cultures was observed in the experiments with PC-03, also an ATC. Five µM of selumetinib, sorafenib and lenvatinib induced partially significant elevations in counts per min of 333%, 104% and 98%, respectively. However, 1 µM of lenvatinib and sorafenib decreased uptake values. Conclusively, the most obvious percentual increases, found in the experiments using TPC1, C-643 and PC-03, were all allotted to the application of 5 µM of selumetinib.

Discussion

Radioiodine-refractory thyroid carcinomas are mostly irresponsive to common treatment strategies and are associated with lower survival rates and worse prognoses. A

possible therapeutic approach is the restitution of NIS-expression and, subsequently, of radioiodine avidity, through KI therapy (12). Sorafenib, lenvatinib and selumetinib are three agents that have already been successfully used in the therapy of radioiodine-refractory thyroid cancer. Still, practical experience has shown variable efficacy and relevant toxicity for all three KIs (14-16), as well as the development of resistance against sorafenib in long-term applications (17).

To assess the effect of KIs on the cells' ability to accumulate technetium-99m, used as a surrogate for the expression of NIS, and therefore, evaluate their redifferentiation potential, the cells in our experiment were exposed to the radioactive tracer after KI pretreatment. The uptake was quantified and referenced to the number of vital cells.

After KI pretreatment, the radioactivity uptake of the cells was partially increased in our setting. Exposure to 5 μM of sorafenib resulted in an increase in the uptake of technetium-99m in multiple test series. However, cell lines reacted differently to increased dosages. The cultures 8505C and PC-02 showed declines in uptake measurements even beyond control values after the elevation of the concentration from 1 μM to 5 μM, whereas the cells C-643, PC-01 and PC-03 were not significantly affected by low-dose treatments and only showed higher counts per min at 5 µM. The observed effects in ATC were smaller than in PTC and PDTC. International publications also describe a poor effect of sorafenib on ATC in terms of response rates to oncological therapy (18, 19). Altogether, our results argue against a relevant redifferentiation effect of sorafenib, which is supported by a clinical phase-II study by Hoftijzer et al. investigating the uptake of radioiodine following a 26-week therapy cycle with 400 mg sorafenib administered orally twice a day (20). Inhibition of tumor growth, progression and angiogenesis, appear to play a more important role in the drug's potency (17).

We also observed varying results using lenvatinib. Five µM led to an increased radioactivity uptake in most experiments. However, the cell lines C-643 and PC-01 were nearly refractory to all three concentrations, with only minor fluctuations in measurements. Among the reference cell lines, we observed a better response with higher differentiation, but the results in the primary cultures contradicted this hypothesis. A Japanese phase-II trial also found weaker, but still positive responses in ATC (21). The less affected cell lines 8505C, C-643, BCPAP and PC-01 all share a TP53 mutation that is a common feature in poorly differentiated or anaplastic tumors (8). TPC1, the cell line with the best response, harbors an H-Ras mutation and a driver mutation, which is a RET/PTC-rearrangement. Sherman et al. proved a significantly better progression-free survival rate of 80% in N- and K-Ras-mutants compared to 20% in wild type gene carriers in their phase-II trial from 2011 (22). Yet, the later "SELECT" study could not demonstrate an influence of *Ras* mutations on the efficacy of lenvatinib (15). Conclusively, the final proof for a redifferentiating potential of lenvatinib is incomplete. The leading mechanism in lenvatinib's impact on thyroid carcinomas is assumed to be angiogenesis inhibition (23).

The only drug with a potential redifferentiation effect to date is the MEK inhibitor selumetinib, as shown in a small pilot study (10). It also showed the highest increase in technetium-99m uptake in our experiments. A correlation to the tumor type could not be detected as both - the best and the worst response to selumetinib - could be allotted to an ATC cell line. We found a significantly better response in C-643 and PC-03, both ATC, than in more differentiated cell lines. This exceeded our expectations, since ATC have a lower iodine metabolizing function per se. A plausible explanation for these outcomes could not be derived from our set-up. Similar observations were made regarding the mutational status. A Ras mutation was found in the well responding cell cultures C-643 and TPC1, but also in the immune cell line 8505C. Nevertheless, publicized trials indicate a greater sensitivity to selumetinib in Ras mutated cells compared to wild type ones (10, 16). In our setting, a selumetinib-dependent redifferentiation could neither be definitely proven nor denied. A recent in vitro study at our institution examined the effects of selumetinib on the same four reference cell lines that were used in our experiments and found a significant up-regulation of both - NIS protein level and radioiodine uptake - in TPC1 cells and higher NIS expression in BCPAP cells, indicating a redifferentiation potential, while 8505C and C643 showed decreased NIS levels and also, a lower uptake in the latter case (24).

Conclusively, our results imply a positive influence of all three investigated drugs on the uptake of technetium-99m into the carcinoma cells, especially in the case of selumetinib. Correlations between KI sensitivity and carcinoma type or mutational status remained uncertain, showing the requirement for further studies. The interpretation of the data was complicated by the small number of available primary cell cultures and an over-representation of ATC in comparison to DTC, even though we tried to match the cell selection with established cell lines in a corresponding ratio. Furthermore, the primary cell cultures presented a more reluctant and unstable growth pattern compared to the established reference cultures, and a higher natural cell death rate before the KI or the technetium-99m were administered. Thus, a confounding effect cannot be ruled out, despite the fact that the uptake values were referenced to the cell count. Furthermore, the decision to evaluate trends within the tested cell lines might have led to an overestimated statistical significance in a subset of test runs with weak absolute response rates, such as the experiment with lenvatinib in 8505C. The insufficiency of the blockage with sodium perchlorate monohydrate remained unclear, but accounted for a less reliable negative control in our study. In most test series, the measurements

with and without the blocking solution hardly differed or turned out to be higher after perchlorate application. Inclusion of the negative control values into the statistical calculations led to distortion of the uptake profiles. Nevertheless, the rise in count rates in both, the blocked and non-blocked test series, suggests that the uptake increase does not originate solely from the redifferentiation of the carcinoma cells, but also from unspecific side effects. It can be assumed that the dose-dependent cytotoxicity of the KI led to a progressive destruction of the cell membrane integrity and subsequently provoked a technetium-99m influx into the cells that was independent of symporter mechanisms. This theory is supported by a study that reported an increasing release of lactate dehydrogenase (LDH), a higher activity of caspases 3 and 7, and an increase in the SubG1 cell cycle fraction, which correlates with the induction of apoptosis, augmentation of deoxyribonucleic acid (DNA) fragmentation and cell cycle arrest after treatment with sorafenib as compared to controls (25).

Conclusion

In this study, based on in vitro experiments on four reference and three primary cell cultures, the latter retrieved from tumor tissues from patients at our institution, we examined the effect of sorafenib, lenvatinib and selumetinib in the concentrations of 0.1, 1 and 5 μM on the uptake of technetium-99m into thyroid carcinoma cells in reference to the cell number. All three tested KIs positively influenced the technetium-99m uptake when applied in the concentration of 5 µM and led to a cell count reduction in the majority of the experiments, especially when selumetinib was used. Nevertheless, we detected major differences in the extent of the reaction to the KIs between the various cell lines, and certain drawbacks in our experimental setting complicated the final interpretation of the results. All of these aspects underline the importance of and the recommendation to develop a standard operating procedure for patient preselection preceding a KI-based pharmacotherapy. However, KIs remain a viable and promising option in cases of progressive and dedifferentiated thyroid cancer refractory to conventional therapy.

Conflicts of Interest

The Authors declare that they have no conflicts of interest in regards to this study.

Authors' Contributions

All Authors contributed to the study conception and design. Material preparation, data collection and the analysis were performed by Anna Anschlag, Annette Wunderlich and Brandon Greene. The first draft of the manuscript was written by Anna Anschlag and corrected

by Lorianna Könneker, Markus Luster, James Nagarajah, Andreas Pfestroff, Sabine Wächter and Annette Wunderlich. All Authors commented on previous versions of the manuscript and read and approved the final manuscript.

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