

Vestiges of Ossified Spheno-occipital Suture in an Elderly Patient With Down Syndrome and Lateral Skull Base Fracture

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Abstract. *Background/Aim: Down syndrome (DS) patients often show characteristic changes in the skull, e.g. short cranial base. The synchondroses of the skull base have a significant influence on the shape of the skull. The sphenooccipital synchondrosis (SOS) is the last of the basal synchondroses to ossify. This report is about residual ossification of SOS in an elderly patient with DS. Case Report: The 65-year-old DS patient was polytraumatized by a fall. In the course of treatment, a purulent otitis externa on the right side was diagnosed, which had developed as a result of the fracture of the fossa glenoidalis. Computed tomograms of the skull base showed the fracture of the mandibular condyle, glenoid fossa and vestiges of SOS. Conclusion: The coincidental finding of vestiges of SOS in an elderly patient with DS raises the question of whether cross-sectional skull base images can show differences in the ossification of SOS between DS patients and a normal population.*

Sphenooccipital synchondrosis (SOS) forms the cartilaginous connection between the sphenoid and the basi-occipital bone (1-3). This synchondrosis is considered an important growth zone of the skull base and usually ossifies towards the end of the second decade of life (4-11). Residues of SOS can be demonstrated on radiological sectional images of complete ossified bones in young adults, but also in later phases of life, even in old age (12). It is a radiologically known variety

whose causes are unknown and is usually of no pathological significance (12). In cases showing incomplete closure or inhomogenous vestiges of SOS, the differential diagnosis of a radiological variant of suture ossification and a skull base fracture is of primary diagnostic interest (13, 14). Early ossification of SOS has been demonstrated in various craniofacial syndromes with shortened skull base as a cardinal finding (15). In cases with craniofacial syndromes, in addition to the shortening of the skull base, there is also frequently a change in the skull base angle as determined by the lines Nasion - Sella and Sella - Basion (NSBa angle) (16-19). Patients with craniofacial syndromes are often characterized by midface hypoplasia, the extent of which correlates with the time of early SOS ossification (15).

Several studies have examined the skull base of Down syndrome patients (20-27). Down syndrome patients have a shortened anterior and posterior skull base (25). It is assumed that, as with some other craniofacial dysmorphisms, SOS ossifies early in Down syndrome patients and this is an important factor in sagittal shortening of the skull base (24). Persistent vestiges of the SOS may announce a delayed or incomplete ossification of the SOS and at least in individual radiological findings, question the hypothesis of a very early ossification of this synchondrosis in Down syndrome. The following report is about the detection of SOS vestiges in an elderly Down syndrome patient.

Case Report

The demented 65-year old male patient with established diagnosis of trisomy 21 was living in a nursing home and, according to the caregiver, had fallen and was seriously injured about 10 days ago. He had suffered a femur and radius fracture that had already been treated. A few days after these surgical procedures, the patient developed a purulent secretion of the right ear canal that required medical examinations. Promethazine was taken as permanent medication.

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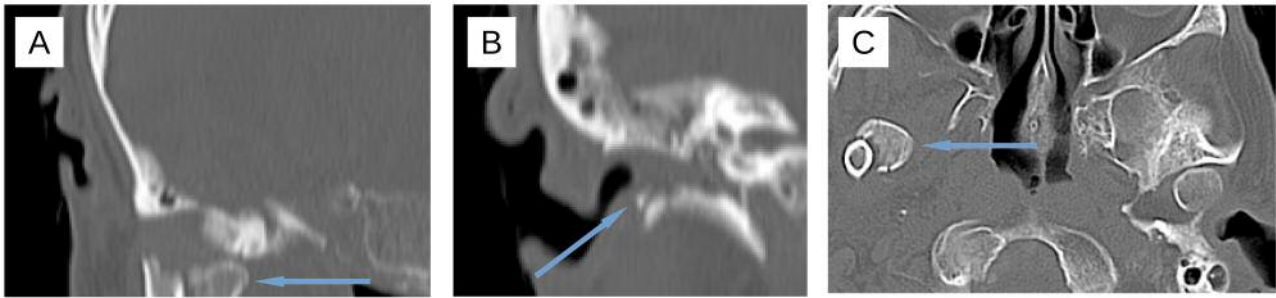


Figure 1. Computed tomograms of skull base of a 65-year-old male with Down syndrome show: A) on the coronal view the medially dislocated fractured right articular condyle (arrow), B) on detail of coronal view the fractured glenoid fossa (arrow), and C) on the axial view the articular condyle medial to the condylar neck.

During the initial examination, the edentulous patient showed pressure pain over the right preauricular region, intact oral mucosa and no pathological mobility in the area of the mandibular body. Pressure on the chin caused pain in the right temporomandibular joint (TMJ) area. The otological examination confirmed the torn ear canal as the cause of purulent secretion. A cranial computed tomogram (CT) was made to confirm suspected fracture of glenoid fossa and to examine other potential traumatic damage to the skull and brain. CT showed the dislocated fracture of the right articular condyle and small bony fragments limited to the glenoid fossa, obliteration of right mastoid cells with radiopaque structures isointense to fluid, focal ossification in basal regions of the brain and substantial expansion of the ventricles, but no further trauma consequences to the skull and brain (Figure 1). The successful treatment of external otitis and skeletal trauma was conservative with antibiotics and regular wound cleaning.

The CT of the skull also showed the entire skull base. In the area of the craniocervical junction, posterior to the dorsum sellae, a bilamellar hyperintense structure running almost perpendicular to the clivus surface traversed completely the bone from one side to the other. These white lines were as dense as the adjacent cortical bone. The two visible hyperdense sclerosed lines were running parallel to each other and delimited from both sides by a small line with a radiopacity isointense to the cancellous bone located at both sides of these structures. This arrangement of lines was assessed as SOS vestiges, which could be identified on sagittal and axial planes (Figure 2). The patient had not developed a frontal sinus. The sphenoid sinus was only developed presellarly. Nasion-Sella-Basion (NSBa) angle was 134° . As a further finding, both carotid syphons were arteriosclerotic.

Discussion

This report describes the late diagnosis of a lateral skull base fracture in a patient with Down syndrome and the random finding of SOS vestiges on computed tomography (CT) of

the skull base. CT diagnosis confirmed some characteristics of the skull that are typical for Down syndrome patients, e.g. lack of the frontal sinus [in approximately 85% of cases (21)], and calcification of the basal ganglia (22) (Figure 2). Most radiological studies on skull morphology in Down syndrome are based on plain radiographs (20, 21, 23, 24). What is interesting in this case is the patient's well-known underlying genetic disorder in connection with the osseous variant of the skull base. So far, there is no report of a trisomy 21 patient over 60 years old with vestiges of SOS. Hypoplasia of the sphenoid sinus and the incomplete absorption of the synchondrosis were frequently coincidental findings in healthy individuals (1). It seems reasonable to assume a connection between the known trisomy 21 of the patient, sphenoid sinus hypoplasia, and vestige of SOS.

SOS and skull base development. The interest in the shape and transformation of the sphenoccipital synchondrosis is mainly due to the importance of this suture in the development of the skull base (4, 15). An early closure of the skull base sutures is associated with a shortened phase of the extensibility of the skull base in the anterior-posterior direction, but also for the adjustment of the skull base in the vertical dimension (15). Okamoto *et al.* (1) described the connection between vestige of SOS in 48 out of 51 cases with limited sphenoid bone sinus on high-resolution CT. In these cases, a white line was visible dorsal to the dorsal border of the sphenoid bone aeration. SOS vestiges were not identified in 55.7% of individuals, all with sphenoid sinus extending into the occipital bone. However, the authors do not state the age range in which a connection between low sphenoid bone aeration and vestige of the SOS was observed (1).

Classification of SOS ossification. Different stages are distinguished in the gradual fusion of SOS. In the classification of Basset *et al.* (28) the final stage of SOS fusion is reached when there is complete ossification between the two bones. The classification distinguishes four

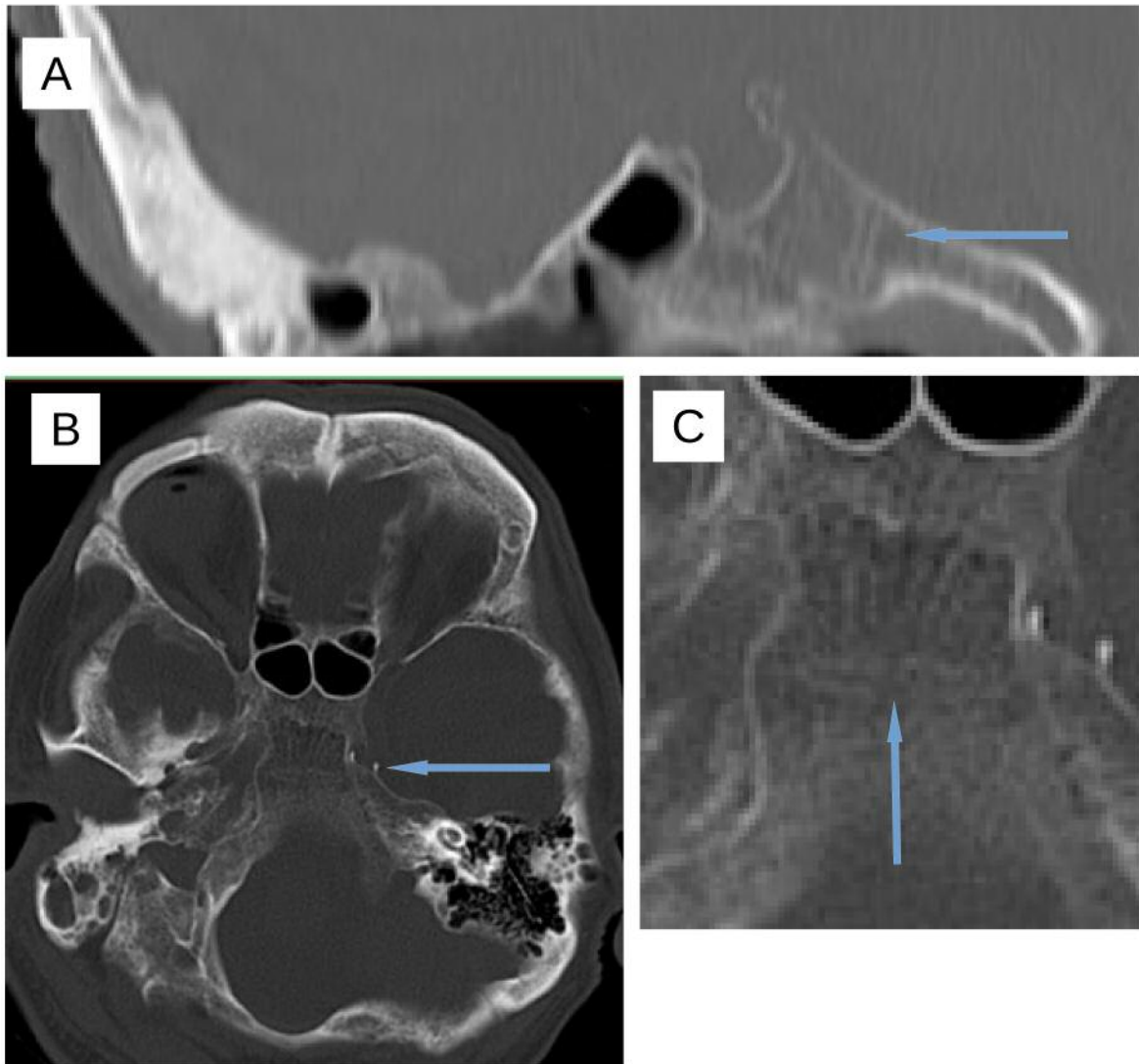


Figure 2. A) Sagittal section of cranial computed tomogram of a 65-year-old male with Down syndrome shows aplasia of frontal sinus (shown anterior skull base pneumatization is anterior-superior part of ethmoid), sphenoid bone pneumatization restricted to presellar region, and vestiges of sphenoccipital suture (arrow). B) Axial section of CT shows radiopaque right mastoid, missing frontal sinus and vestiges of sphenoccipital suture (arrow). C) Detail of Figure 2B shows vestige of the suture in detail.

stages, and was primarily developed for the forensic age diagnosis of children and adolescents. Residuals of the SOS can occur, which are called 'scars'. Bassad *et al.* (28) make no distinction between an ossification stage with vestiges ('scars') of SOS and a complete ossification of the suture without remnants of the former growth plate.

In contrast, in their classification of SOS closure, Madeline and Elster (29) differentiate a stage of ossification with vestiges of SOS (stage 4) from the terminal stage of ossification (stage 5) (Figure 3). The terminal stage of ossification is defined to show complete fusion of bones with no vestige of former synchondrosis (29). This second

classification is more suitable for capturing persistent structural disorders of the (late) ossification (29). According to these classifications, the final stage of ossification was reached in the presented patient only in the classification addressing the suitability of SOS ossification for age estimating purposes (28). Residual levels of incomplete ossification of SOS are a skeletal normal variant observed relatively frequently. The vestiges appear as fading sclerotic regions or translucences in the area of the former SOS, but also as smaller defects that cause cleft-like indentations of the bone, plus ossified bodies within a space filled with cartilage that can still ossify (12). The hard tissue

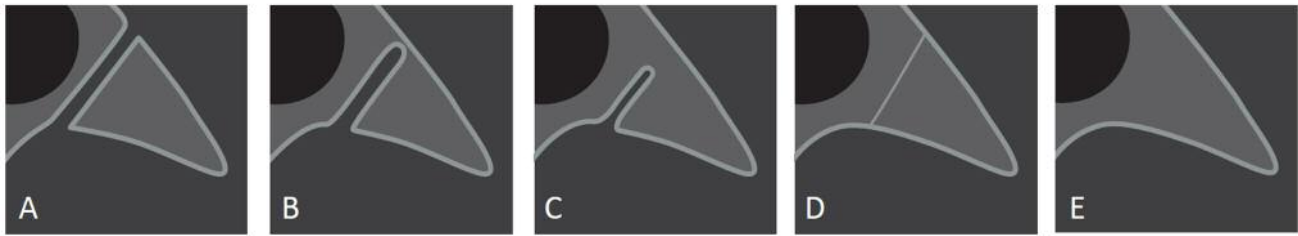


Figure 3. A greatly simplified diagram of the stages of sphenoccipital suture ossification in a lateral view (anterior is to the left). The ossification increases from A to E. In A), basi-occiput and sphenoid are separated when synchondrosis is completely intact. A cortical layer limits both bones to the gap. In B) begins the ossification, which starts from the endocranial side. C) describes an intermediate stage of ossification with synchondrosis open to the ectocranial side. In D) the synchondrosis is closed. Remains of synchondrosis can be detected as line(s) equivalent to corticalis in lateral X-ray images. In E) both bones are completely fused together.

transformation disorders can occasionally occur even in old age and are harmless variants of bone formation. The biological significance of these vestiges is unknown. However, isolated cases can arise in which this ossification disorder was associated with pathological disorders (30).

Development and fusion of SOS. Morphological studies have shown that SOS maintains a cartilaginous separation of both bones for up to about 18 years (5, 8). Radiological and morphological examinations, however, showed that bony bridges between the two bones appear earlier (7-11). It is assumed that bony bridging results in loss or limited elasticity of the growth plate so that the bone growth on this joint ceases with the first bridging (15). Some degree of SOS closure or even fusion was revealed in the vast majority of syndromic craniosynostosis prior to the 14th year of life (17). The mean time when SOS is closed varies among craniofacial syndromes and between studies, but an earlier closure of the SOS than in controls is sufficiently assured (18, 19).

Persistent SOS beyond the age of 20 years is a rare finding (13, 14, 30). Individual reports on incomplete ossifications of SOS describe a pathogenetic significance for acute diseases (30, 31) or the accidental detection in trauma diagnosis (13, 14). Transversely oriented hypodense zones across the clivus on cross sectional images of individuals in adolescence or in adulthood are more likely a skull base fracture than a persistent synchondrosis (1). The differential diagnosis of residual SOS from clivus fracture (13, 14) generally does not pose any diagnostic problems (12).

SOS fusion in Down syndrome. Longitudinal cephalometric examinations suggest that SOS is closed earlier in patients with Down syndrome than in controls (24). However, this conclusion was only made indirectly *via* measurements of the skull base sections on cephalograms. The coincidental finding of vestiges of SOS in an older patient with Down syndrome indicates that structural disorders of the ossification of this growth zone can be detected at least

occasionally in this patient group. There may be not only temporal but also structural differences in the ossification of SOS between patients with Down syndrome and the normal population. However, inclination of skull base was calculated to be normal in Down syndrome (23). NSBa angle in the presented case is in the normal range. Other authors revealed a flattened skull base and increased skull base angle compared to the control group in Down syndrome (26, 32). Down syndrome patients often have malformations of the cervical spine (29, 32). SOS fusion correlates with maturation of the cervical vertebrae (33). So far it is unknown to what extent the development of the dorsal skull base correlates with the maturation of the cervical vertebrae of the Down syndrome patient (2, 29).

The potential differences of SOS fusion between Down syndrome patients and controls can be recorded in cross sectional imaging, in contrast to lateral cephalometry, in which this region usually cannot be assessed due to the overlapping skull compartments. Radiological studies on the development of the skull base of patients with Down syndrome have so far been carried out on lateral projections of the skull (20, 21, 23, 25-27). Examinations of fetuses with trisomy 21 have shown an unusual scalloping of the basi-occiput as a regular finding and, in individual cases, deformations of the bone region (34).

Differences in the development of the base of the skull may be involved in the fact that the phenotype of the trisomy 21 patient is very variable and, as is known, some adults with this syndrome no longer have the characteristic clinical features that can often be seen in adolescence (21).

Conclusion

The detection of vestiges of sphenoccipital synchondrosis in a Down syndrome patient is an individual finding of a normal variant of skull base ossification. It is currently unknown whether vestiges of the sphenoccipital synchondrosis are indicators of delayed or structurally influenced ossification.

However, the question remains whether the pattern of sphenoccipital synchondrosis ossification can differ from the spectrum of the ossification period and ossification structure in normal populations.

Conflicts of Interest

The Authors have no conflicts of interest with regard to the work presented.

Authors' Contributions

REF treated the patient, researched the literature, and wrote the article. FKK checked the scientific literature and wrote the article. UG provided neuroradiological findings and checked the article. All Authors gave final approval for publication.

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